

East Valley
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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

NO BOOZE NEWS

Bill Dotson – AA Member #3 "The Man On The Bed"

Bill Dotson, the "Man on the Bed," was AA number 3. At his death, he had not had a drink in more than nineteen years. His date of sobriety was the date he entered Akron's City Hospital for his last detox, June 26, 1935. Two days later occurred that fateful day when two sober alcoholics visited him: Dr. Bob Smith of Akron, Ohio, and Bill Wilson, a guest of Dr. Bob's from New York.

A few days before, Dr. Bob had said to Bill: "If you and I are going to stay sober, we had better get busy." Dr. Bob called Akron's City Hospital

QUOTE OF THE MONTH

"Suffering is no longer a menace to be evaded at any cost.
When it does come, no matter how grievously, we realize that it too has its purpose. It is our great teacher because it reveals our defects and so pushes us forward into the paths of progress. The pain of drinking did just this for us. And so can any other pain."

- Bill W.

and told the nurse, a "Mrs. Hall," that he and a man from New York had a cure for alcoholism. Did she have an alcoholic customer on whom they could try it out? She replied, "Well, Doctor, I suppose you have already tried it yourself?"

Then she told him of a man who had just come in with DT's, had blackened the eyes of two nurses, and was now strapped down tight. "He's a grand chap when he's sober." she added.

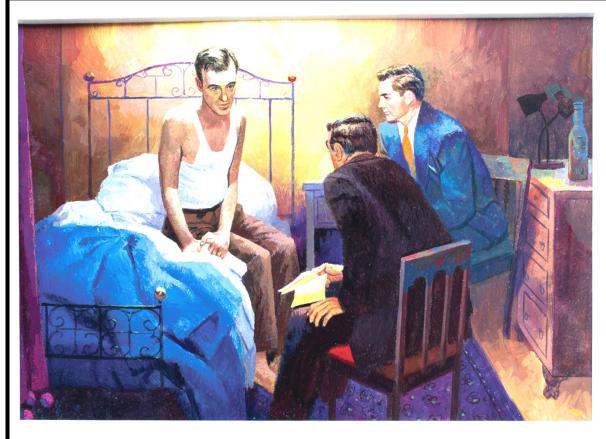
The nurse told Dr. Bob and Bill that Bill Dotson had been a well-known attorney in Akron and a city councilman. But he had been hospitalized eight times in the last six months. (Bill Wilson sometimes said "six times.") Following each release, he got drunk even before he got home.

Bill's wife, Henrietta Dotson, had talked to Dr. Bob and Bill earlier. When she told her husband she had been "talking to a couple of fellows about drinking" he was furious at her "disloyalty." When she told him that they were "a couple of drunks" Bill didn't mind so much.

Henrietta apparently had quite a conversation with the two men, and she told her husband that their plan for staying sober themselves was to tell their plan to another drunk

Years later, Bill Dotson reflected on the jumbled thoughts in his mind as his wife left and he began to lapse back into withdrawal stupor: "All the other people that talked to me wanted to help ME, and my pride prevented me from listening to them, and caused only resentment on my part, but I felt as if I would be a real stinker if I did not listen to a couple of fellows for a short time, if that would cure THEM."

So Dr. Bob and Bill talked to what may have been their first "man on the bed." They told him of the serious nature of his disease - how it was an allergy of the body combined with an obsession of the mind – but also offered hope for recovery. "We told him what we had done," wrote Bill, "how we got



honest with ourselves as never before, how we had talked our problems out with each other in confidence, how we tried to make amends for harm done to others, how we had then been miraculously released from the desire to drink as soon as we had humbly asked God for guidance and protection."

But Bill Dotson was not impressed. He said, "Well, this is wonderful for you fellows, but can't be for me. My case is so terrible that

I'm scared to go out of this hospital at all. You don't have to sell me religion, either. I was at one time a deacon in the church and I still believe in God. But I guess he doesn't believe much in me."

Like so many of us on first coming to AA, Bill Dotson thought he was "different." But he did agree to see Dr. Bob and Bill again. They came again the next day, and for several days thereafter. When they arrived on July 4, they found Bill's wife, Henrietta, with him.

Eagerly pointing at them, he said to his wife: "These are the fellows I told you about – they are the ones who understand."

Before they could say anything, he told them about his night, how he hadn't slept but had been thinking about them all night long. And he had decided that if they could do it, maybe he could do it. Maybe they could do together what they couldn't do separately.

It was on that day that he admitted he could not control his drinking and had to leave it up to God. Then they had him get down on his knees at the side of the bed and pray that he would turn his life over to God. Before the visit was over, he suddenly turned to his wife and said, "Go fetch my clothes, dear. We're going to get up and get out of here."

He walked out of that hospital on July 4, 1935, a free man, never to drink again. AA's first group was started on that day.

Robert M, a volunteer illustrator for the Grapevine, created the oil painting 'Came to Believe' in 1955, and gave it to Bill Wilson in 1956. It first appeared in the Grapevine in the December 1955 issue, but when the book 'Came to Believe' was published in 1973, the Grapevine editors renamed the reproductions 'The Man on the Bed' to avoid confusion.

- Thank you to the Preston Group

Words From the Big Book

Now we need more action, without which we find that "Faith without works is dead." Let's look at Steps Eight and Nine. We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory. We subjected ourselves to a drastic self-appraisal. Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning we would go to any lengths for victory over alcohol.

- Page 76

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratite	ude With Service form revised 2/09	
Return to: 1320 E. Broadway R	d., Suite 105 Mesa, AZ 85204	
(480) 827-1905 <i>e-maik</i> info@gam		
]		
Date *First Name	Last	
 Address	*Phone	
 *City *\$T	*Zip *Gender	
e-mail address Alt Phone		
 * = required for listing	ng in 12 th Step List	
[] No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)		
i I		
Volunteer Service Options Committees of Interest		
Check only those you are willing to commit time to	Check only those you are willing to serve on	
 12 th Step List Volunteer	[] Public Information / Cooperation with the	
[] Weeknights [] Weekends	Professional Community	
[] Weekends [] Weeknights	[] Special Events	
[] Weekdays	[] Literature	
[] Newsletter (No Booze News)		
[] Office Phone Volunteer [] Unity Committee		
[] Other Office Help	[] Deliver A Meeting	



ROUNDUPS, CAMPOUTS AND CONFERENCES

27TH ANNUAL PAYSON ROUNDUP *CANCELED*

AUGUST 28 ~ 30 SLIM JIM CAMPSITE #2 FOREST LAKES

VERDE VALLEY ROUNDUP POSTPONED TILL

OCTOBER 30 - NOV.1 JACKPOT RANCH, CAMP VERDE AZ

TRAIL TO SERENITY, HAVASU STYLE

NOVEMBER 12 ~ 15 LAKE HAVASU STATE PARK 699 LONDON BRIDGE RD, LAKE HAVASU, AZ 86403



2020 AZ State Virtual Convention

September 4th to the 6th
Labor Day Weekend
Workshops
Speakers

Entertainment

Happy Hour Rooms

Al-Anon Workshops

Spanish Meetings

Golf Tournament

Registration opens August 1st

Visit area03.org

Looks like most events are shut down or going to online formats.

Check the events page on our website periodicaly. We will post information as it becomes available.



Carrying the Message

SEPTEMBER 1965 Grapevine

To S. M. C.

I, too, have been unable to maintain the sobriety I would wish and pray for myself. I don't believe I will ever give up trying and I do believe God, as I understand Him, has a job for me to do in AA.

Many men and women in the past fifteen years have said I helped them. Only it wasn't me; I was just a sober channel at a particular time and place.

My weeks and sometimes months (five to nine several times) have not been easy for me, but I am very grateful for these times, so I will ask all who read this to pray for more and longer periods of sobriety for me.

Thank God for AA.

BY: B. W. | SUPERIOR, ARIZONA

Sobriety Anniversaries



Name	Date	Days
Charles R	8/21/1969	18628
Dave W	8/1/1981	14245
Craig B	8/8/1982	13880
Jon B		
Kelly G	8/23/1985	12784
Kathy M	8/3/1986	12419
Kathy K	8/3/1986	12419
Brad R	8/10/1986	12419
Beth L	8/11/1986	12419
Bernard B		
Dale W	8/23/1987	12054
Maggie L	8/12/1988	11688
John S	8/15/1988	11688
Pam S		
Dee P	8/21/1988	11688
Sally M	8/13/1989	11323
Gwen N		
Denise P		
Jason J		
Karin H		
Rodney S	8/18/1993	9862
Madeline L		
Dana N		
Carol M	8/15/1995	9132
Gary M		
Fred P	8/23/1995	9132
Grant A	8/11/1996	8766
Cheryl G	8/18/1996	8766
Matt R		
Lani D		
Sherri P		
Steve L		
Heidi C		
Shelley R	8/27/2004	5844
Janet T	8/10/2005	5479
Mickey E		
Rosemary R		
Victor S	8/26/2005	5479
Jimmy R	8/14/2006	5114
Merrill P		
J.T. K		
Stephen W		
Katy W	8/20/2008	4383
Kathy M	8/19/2009	4018
Julie S.		
Patrick G		
Ashley O		
Alana R		
Bev W Denise H.	0/ 19/20 13	2007
Myott S	0/23/2013	2007
Wyatt SKellie P	0/0/2014 9/20/2014	∠ 19∠ 2102
Andrew C		
Ron C		
Nancy S	0/20/20 14 8/4/2016	८ I ७८ 1/61
Dani H		
Jose A.		
Nick T		
Angel T	8/17/2018	731
/	0/ 1//2010	101

<u>Step Eight</u> ~ Made a list of all persons we had harmed and became willing to make amends to them all.

<u>Tradition Eight</u> ~ Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Concept Eight The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Can't sleep here

At Wits End

Concrete became much harder since I got sober.

-Tom B. Pine, Ariz.

The hitchhiker

A slick city man, who was driving past a small town, picked up a drunken hitchhiker. As they were driving along, the drunk noticed a brown paper bag on the dashboard and inquired as to its contents. The city man replied, "It's a bottle of wine. I got it for my wife." The drunk, looking pensively down the road, nodded his head solemnly and said, "Good trade."

—Brad U

Heard at a Meeting

"When I was drinking I drank to celebrate things that hadn't happened yet." - Kay K.



Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

GOT SERVICE?? INTERGROUP SERVICE OPPORTUNITIES

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1320 E Southern Ave #103

(EVI Office) and on Zoom

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or visit our website

aamesaaz.org

EVI Phone Workshop

Third Friday's at 6:15 pm
Before the monthly business meeting at

2222 S Price Rd. Tempe (Church of the Epiphany)

Or

Workshops can be done at your Group!

For more information Call Beth H



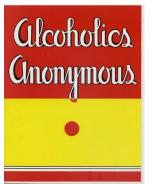
EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information Contact: Jerry C.

HOST GROUP SCHEDULE

September 5th ~ TBD



EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting 1st Friday of the month

Check aamesaaz.org for location information contact: 480 827-1905

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

2222 S Price Rd. Tempe

(Church of the Epiphany)

Contact 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.



EVI Monthly Speaker Meeting 1st Friday of Every Month

ist Friday of Every Month

Meeting Now At 7:30pm

Check aamesaaz.org for location information

August 7th ~ Ahwatukee Men's

September 4th ~ Sunset Group

These are subject to change - so keep watching.

Central Office Manager's Report June 19 2020

In June we received 441 requests for information and assistance. Of those 119 calls were for meeting info, 94 were office visitors and 14 resulted in a good old fashioned 12 step call. Our Google listing also receives steady traffic. Our Google totals for June are 4,160 searches resulting in 259 visits to our website and 43 calls. Our website stays busy too. It had 29,097 visits in the last 30 days.

Our website directory is now being updated weekly as new information is provided. This also updates the Meeting Guide app. Things are still changing frequently and groups need to remember to inform us of these changes. Please check your meetings listing and if it is not correct let me know.

The ICOAA office managers seminar in Des Moines has been canceled for this year. It will be rescheduled as a Zoom seminar this fall. Managers from the US and Canada have been meeting weekly on Zoom to share challenges and solutions in our current social climate.

Our liability insurance policy has been issued. Our agent has sent the new certificates of liability to the leaseholders of the additionally insured location on the Intergroup policy. If your group participates in the Intergroup policy and your landlord has not received their copy please contact me and I will email you a copy. Many of the Groups in the East Valley participate in this coverage and we greatly appreciate those who contribute to help offset this annual expense. The price has gone up a bit. The liability policy for 2020/2021 was \$1,536.00.

If you are signed up for 12 step service, please try to be available if called. We have received several calls from those who are afraid for their sobriety and the availability of fellowship support. A simple phone call to remind someone they are not alone could make all the difference.

In the spirit of Tradition Eight, Love and Service

Kim Watkins Central Office Manager East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	June	2020
Meeting Information Calls	119	950
General Information	113	685
Referred to Salt River Intergro	up6	37
Referred to Al-Anon	6	59
Referred to Community Info	0	0
12th Step Calls	14	80
Business Calls	89	618
Office Visitors	94	646
Meeting lists printed	200	2300
Info request via E-mail	82	522
Desk Volunteers-Reg/Sub/No	ne	24/ 12/ 4
Desk Volunteers-Reg HRS YTI		

Web Stats

Website Visits last 30 days 29,097 YTD 216,085

Google Searches last 30 days 4,160

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting, the clubs that are open, which groups have moved to a temporary location, which groups are meeting online, and which clubs/groups are not available until further notice.

New Meetings:

Happy Destiny 5764 E Hunt Hwy. San Tan Valley TU 6:00p O

(American Legion Community Center)

Serenity Now 655 S Crismon Rd. Mesa SU, MO, WE 9:30a O

(Skyline Park N of RR)

The Patio Group 4040 W Ray Rd. Chandler Every Day 7:00a O

Changes:

<u>Deletions:</u>

East Valley Intergroup ** NEW ** 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer ** NEW **
PO Box 3691
Gilbert AZ 85299

Make Check To: AZ Area Committee

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 20404 Mesa, AZ 85277

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



GROUP	<u> Iune</u>	YTD
11th Step Candlelight		
2121 Beginner Workshop		\$0.00
417 Group		\$184.29
A Vision For You Group		
ABC Group		
Ahwatukee GroupAhwatukee Nooners		
Ahwatukee Saturday Men's		
Ahwatukee Women's Group .		
Arbor Daily Noon Group		
Attitude Adjustment CG		\$60.00
Attitude of Gratitude		
Basic II		
BBookworms		
Bootstrap Men's		
Both Books		
Breakfast Club		
Busted Ego		\$250.00
By The Book		
Chandler Men's Stag Group		
Chandler Noon Group Chandler Women's Big Book C		
Cold Coffee Group	-	
Common Solution		
Common Thread		•
Copper Basin Group		\$0.00
Courage To Change		\$0.00
Depth and Weight		
East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group Eye Opener Group		
Fae Pack		
Family Recovery Group		
Feelings & Solutions		\$0.00
Fill in the Blank		
Firehouse Meeting		
Florence Group Friday Night BB, Step Study		
Friends Of Bill W		
Get It Together		
Gilbert Gals		
Gilbert Group		
Gold Canyon 12 X 12 Group		
Good Ol' Back to Basics		
Grateful Girlfriends Gratitude Group		
Great Start		
Gut Level		
Happy Hour @ Sunbird		
How It Works		
Keepin It Real Ladies		
Last Resort		
Life In The Big Book	· · · · · · · · · · · · · · · · · · ·	·
Livin Life		
Maricopa Group		
Mid-Morning Group		
Monday Night Madness		
Morning After Group		
Name In The Hat		
New Beginnings		
New Hope Group		
New Spirit Group No Name AA Group		
Not A Glum Lot		
Opportunity Knocks		
Page A Day		\$989.20

GROUP	<u>June</u>	<u>YTD</u>
Pioneer Group		\$276.00
Price Is Right		\$55.75
Primary Purpose Group		\$300.00
Prime Time		\$0.00
Progress Rather Than Perfektion		\$0.00
Putting God First		
Queen Creek Nooners		
Re-Awakening Group		
Remember When		
Renewed Spirit		-
-		•
Rising Spirit		
Road To Recovery		
Rock Solid		
San Tan Men's		\$100.00
Second Chance Group		\$296.00
Serenity Now	\$139.50	\$187.50
Shade Tree		\$150.00
Sisterhood Of Solutions		\$151.68
Sobriety is Gold		\$400.00
Sobriety Rocks		
Society Group		
Solutions Group		
-		-
Some Are Sicker Than Others		-
Southeast Valley Stag		
Spirited Women		
Step By Step Group		
Stepping Stones		\$329.50
Sunday Afternoon Step		\$200.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$343.50
Sun Lakes Women Serenity Seeker		\$225.00
Sunland Serenity Seekers		
Sunset Group		
Tempe Group		
Tempe Nooners		
-		
Tempe Sunrisers		
Tempe Young People		
The Library		
The Real Thing		
The Way Out Group	\$100.00	\$425.00
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$251.36
Upon Awakening	\$20.00	\$1450.00
We Ain't Dead Yet		
We Agnostics		
We Can Group		
-		
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		• • • •
Who's Driving Your Bus?		
Wolf Pack Group		
Women in Gratitude		\$0.00
Women in Solution	\$30.00	\$30.00
Women in Touch		\$168.55
Wonder Women		\$200.00
*Anonymous Groups		
OTHER GROUPS/COMMITT		
Apache Lake Campout		90 00
AZ AA Women's Conf		
Dist 08-818		-
Dist 08-819		
ASCYPAA		
Group Totals	\$2,930.79	\$28,392.38
EVI Committees		
Individual Contributions		
GRAND TOTALS		
(*Group contribution with no group name		, 50, 505.11
Croup community min no group name	C IISteu)	

Financial Statements Page 9

BALANCE SHEET
June 30, 2020

PROFIT & LOSS STATEMENT June 2020

4,384.89
24,775.77
1,156.70
22,206.95
0.00
50.00
22,538.00
(-22,538.00)
\$59,326.88
0.00
19.47
0.00
\$19.47
43,778.94
24,503.74
-8 <i>,</i> 975.27
-0,7/3.2/
\$59,307.41
\$59,326.88

15 Group contributions totaling 21 Individual contributions totaling Intergroup Business Meeting &	\$2,930.79 \$767.00
Service Committee's 7th Tradition	\$18.00
Total Contributions	\$3,715.79
Total Income	\$6,642.33
Less total Cost Of Sales	\$2,295.17
Gross Profit	\$4,347.16
Less total Expenses of	\$8,381.03
Net May Loss	(\$4,033.87)
YTD 2020 Loss	(\$8,975.27)

The current Prudent Reserve balance is \$24,775.77 The Prudent Reserve has been established for 2020 in the amount of \$27,817.34

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Ron S. EVI Treasurer

fullflight@cox.net

Traditions Checklist

Tradition Eight: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

- 1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
- 2. When I chafe about any particular Tradition, do I realize how it affects others?
- 3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
- 4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- 6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
- 7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?

East Valley Intergroup Business Meeting Minutes

Tuly 17, 2020

Meeting Opened at 7PM via Zoom

Wesley (Vice Chair) opened with the Serenity Prayer

12 Traditions ready by Lois L.

INTRODUCTIONS:

Intergroup Representatives: Ron S - EVI Treasurer, Wesley H - Vice Chair, Denise D. EVI REP CHANDLER NOON GROUP, Rose M - AZ Happy Hour Sun Lakes, Nancy L - Both Books alt rep, Sharon B - Stepping Stones, Shap W - Tempe Nooners EVI Alternate (Shap W), Ego Busters (Mary R), Lois L - DCM 08-819, Dave T. - Sunday Night BB Step Study (SNBBSS), Larry S - Phone Advisor, Corie R. CWBB - EVI Rep (Corie), Vicki B - Phone Committee, DJ - Easy Does It, The Way Out (Marna W), Ken C. - Sunset Group (Ken C.), Jerry C - Sponsorship Workshop, GIT Intergroup Rep (Stephanie P), Edward M. - Bootstraps rep, Beth H - phone committee (Beth H), Tom C (Tom C) - PI/CPC Chair, Tearsa C - DCM 08-818 (Tearsa C), Erika C - Alt Women in Gratitude, Noah - Ahwatukee Men's Group, Tom K - We Agnostics, Pigeon Coop, Deborah B - Women in Gratitude, Special Events Chair (JJ), Jim M - We Aint Dead Yet (WADY), Debbie C - Society GSR /ALT-DCM 08-820, Shari - Sobriety Is Gold, Dave K - Unity Comm Chair, Bill - GIT Intergroup Rep, JASON H, Lori K

(This list was complied from the names each rep typed into their Zoom screen.)

New Reps:

Committee and other Trusted Servants: (N/P = Not Present)

Chair NP Office Manager NP H&I Liaison

V.Chair Wesley Chair-Special E. J.J Spanish Liaison

Treasurer Ron S Chair-PI/CPC Tom Alanon Liaison
Secretary NP Chair-Phones Beth DCM 08-818

Advisor-Special E. Gary L Chair-Unity Dave K DCM 08-819

Advisor-PI/CPC VACANT Chair-Sponsorship Jerry DCM 08-820

Advisor-Phones Larry S No Booze News N/P ZONYPAA

Advisor- Unity Barb Literature N/P

Secretary's Report: Gabi NP Steering Committee Report on Screen – Motion to accept Tom C. and 2nd Nancy L. -all in favor minutes passed

Treasurer's Report: Ron S.

Donations are down we would appreciate any donations. Larry S. will put the EVI office address and website up in the chat for you to take back to your groups.

Kim W. and I will be adding visual graphs to make the report easier to read going forward.

Packet on screen for all to review.

No Ouestions.

Motion to accept Cory w/CWBB. Second Dave SNBBSS. All in favor, accepted.

7th Tradition: The link for EVI is posted, please consider making contributions to GSO or EVI via the links. Thank you.

Chairperson's Report: Wesley- Tom N. NP -No written report.

Vice Chair's Report: Wesley -No written report. Wasn't' able to attend any meetings.

Office Manager: Wesley -Kim NP

All the info in the Steering committee secretary's report and Kim's manager report for this meeting.

STANDING COMMITTEE REPORTS

PI/CPC: Tom C.

I am also the rep for Page a Day.

Minutes of our meeting are in the report and on the screen for review.

We physically met at the EVI office for our business meeting for the first time, it was a hybrid meeting (zoom and in person). We will be doing that going forward. We are planning for when we can go out and meet in person.

107 letters were sent out to various churches offering information about AA. Not promotion, just information to let them know what we do and that we are here. We are reaching out to high school and public libraries to offer the Big Book, 12 & 12, and Living Sober.

We are reaching out to local media to provide public service announcements about AA.

We are reaching out to Salt River and Spanish Intergroups to collaborate with their PI PCP.

We have a power point presentation to offer via Zoom if anyone wants information about AA as well.

Ron S -question: Can you update your meeting location in No Booze News? Tom C.- I will follow up to make sure that happens.

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Business Meeting Minutes Continued

Special Events: Jay J.

Bloopers held a Zoom meeting for the monthly speaker meeting.

Aug. 7 Ahwatukee Men's group at 7pm tentatively scheduled at this point, info will be on the website.

Bowl a Thon postponed and/or cancelled for now.

No committee meetings right now due to lack of events to be planned in light of COVID 19.

Lois L. question- can Tom N. send out the Zoom info for the monthly speaker meeting if they have it? Wesley- Yes, will follow up with him. Ron S. -It would be good to update that in the No Booze News as well.

Phone Committee: Beth

Phone committee is doing well, we are doing trainings on Zoom.

Please send the Gratitude with Service form back if you attend the training, we can't put you on the list without that information.

Contact me if you want us to set up a training with your group via Zoom.

Unity Committee: Dave K.

Met tonight before this meeting.

We have been reaching out to groups trying to update Zoom vs Brick and Mortar meetings.

If your group has not been contacted by the Unity committee, please reach out to me.

Wesley -Please let the groups know where the new Intergroup office is.

Tom C. -Please help us find people willing to be of service, we could us the help on the Unity Committee.

Sponsorship Workshop: Jerry C.

Next Meeting is the first Saturday of Sept. as of right now we do not have any groups signed up to do it. If your group is interested please contact me.

Newsletter Editor: Rick N/P - not present

Literature: N/P - Position Open!

LIASION REPORTS

Alanon Liaison: Not present.

H&I Liaison: Position Open- we are in need of a volunteer for this position.

Spanish Liaison Marge

La Liberacion group is now at 77 W Chicago St suite 4 in Chandler

I met with PI PCP and we are going to Zoom together and brainstorm how to get Spanish literature out there.

Zonypaa Liaison: Meagan not present

Sub District 08-818: Tearsa C. (technical difficulties...could not report)

Sub District 08-819: Lois L.

Met on Zoom in July. We had extra funds over prudent reserve, so we distributed that out to 4 different AA service entities.

Sub District 08-820: Bill - not present.

OLD BUSINESS:

Kim's 2% pay raise for EVI office manager Kim W.

Any questions before we vote? No questions.

All in favor, none opposed. Motion has passed.

NEW BUSINESS:

Ron S. -The conference room is available to service entities for business meetings, the cost is \$20 per meeting. Regular AA meetings cannot use the room per guidelines however service entities can. Hybrid or Zoom. The capacity is 10 at the conference table with an additional 10 folding chairs.

Cory -Can we save the chat in this meeting? Larry S. -I will save this chat and send it to Tom N and ask him to send it out.

ANNOUNCEMENTS:

Group Problems/Announcements-None.

Motion to close - Sherry w/ Sobriety is Gold 2nd Noah Ahwatukee Mens Group. All in favor.

Thank you for allowing me to be of service,

(Gabi N. transcribed via recording)

Twelve on 12 Page 12

The Best Part of the Evening

OCTOBER 2017 Grapevine

With 26 days sober, it was her birthday and she had an emotional meeting with her parents. But a surprise was yet to come

Just four days shy of 30 days sober, I turned 28. While I had already experienced a couple of miracles from the program (I went to a NFL game without drinking!), I was dreading having a birthday without booze. Would it even be any fun?

I hadn't celebrated a birthday that didn't end in a blackout in more than a decade. I remember the first time I met my sponsor to do Step work. I told her I was worried about staying sober on my birthday.

"Oh, is today your birthday?" she said. I told her it wasn't. "Then no need to worry about it now," she said. "God lives in today and that's where we'll stay."

She also told me to train my brain to "think of God instead" when any worries of my birthday (or any feelings of anxiety for that matter) popped up into my head. My spiritual toolkit had just received one of its very first tools.

My first sober "belly-button birthday" (as you guys called it) fell on a Tuesday night. I only remember it was on a Tuesday because I had to miss my home group meeting to go to my parents' house for dinner.

Mind you, I had avoided my family all summer long because I had been arrested for DUI in June. I was so overcome with shame and guilt that my favorite coping skill—avoidance—kept me in hiding. When I was drinking, I was so loaded all the time that I'm not even sure I called home on birthdays, let alone tried to see my parents.

With the newfound freedom from starting the Steps (I was about to begin my Fourth Step), what better time than my birthday to let my parents know that I had a progressively fatal disease? My timing may not have been impeccable but I do know that God's always is.

I was terrified to say out loud to my parents that I was indeed an alcoholic. I knew once I admitted it to them, I would be reaching a point of no return. I just had to stay sober once they knew my secret. There was something in sharing that secret that made my alcoholism feel more real.

Taking the advice of my sponsor, I prayed that God would "give me the words and speak for me." I also prayed for the courage to be open and honest. I couldn't focus on the outcome. I had to trust God that my sharing of this news with my parents wouldn't stop the world from turning.

Shockingly, the whole conversation went smoothly. Of course, there were tears, but they were tears of love and support. I was able to say to them that being arrested was the greatest gift that God had ever given me. I told them that it had catapulted me into a life beyond my wildest dreams and given me freedom.

The highlight of the evening, however, was not the admission of my alcoholism to my parents. While that was a very liberating experience, it was still uncomfortable. The real highlight was going to the "meeting after the meeting" at the coffee shop across the street from my home group.

My sponsor had made sure that I had a sober place to celebrate my first belly-button birthday in sobriety once I was finished at my parents' house. She invited her other sponsees and women from the home group to show me that we never have to walk through anything alone. They sang "Happy Birthday" to me with a little cake on the patio.

While I was overwhelmed at the time by all the unconditional love and attention, I am brought to tears today to think of the selfless gift those women gave me. They showed up for me and they didn't even know me. They loved me before I was able to love myself. They stayed out late to make sure I was going to be OK and show me that there is such a thing as having fun without drinking.

The gift of fellowship that those courageous and kind women gave to me that night helped me get through one of my very first "firsts" in sobriety. I'm eternally grateful to them, and have had the honor of being able to pass on the love to help other newcomers celebrate some of their very first "firsts" too.

BY: MEGAN M. | PHOENIX, ARIZ.